

# *Annual* **Community Report**

# 2022



# Our Thoughts

**As the we get closer to 50 years of giving, it is time to step back and consider how we can have the greatest possible impact in light of the needs, challenges, and opportunities we have in the North Okanagan today.**

Much has changed since the Community Foundation North Okanagan was started back in 1975. In the 47 years that followed we have awarded over \$12 million in grants to a wide variety of charitable and non-profit organizations doing impressive work in our region. This year alone we gave out 187 grants to 114 groups, and provided over \$2 million in support through our various granting programs.

The intention of our founders to be a 360 degree funder led to our support in a variety of areas including Arts & Culture, Education, Health & Recreation, Social Services, and the Environment, and this direction has served the community foundation and our region well. In many ways, the North Okanagan and each of the communities we serve are thriving. But progress has been, to say the least, uneven. Many families in the North Okanagan struggle daily to make ends meet as they confront the narrow range of choices their economic situation offers.

The persistence of poverty and social inequality in the North Okanagan, despite decades of dedicated efforts by nonprofits, community leaders, and local funders is causing the Community Foundation North Okanagan to reassess how best to use our resources.

Like many of you, we are asking ourselves what we can do differently to attack the root causes of poverty, food and housing insecurity, mental health challenges, and unequal access to the things that make our communities great. What can be done to shift the dynamics that reproduce and further exacerbate these challenges year after year?

History teaches us that these dynamics stem from structural and institutionally reinforced inequality, and that shifting such dynamics will not be easy. Our board and staff feel motivated to tackle these issues with renewed vigor and to work towards making the North Okanagan a place of broadly shared prosperity and opportunity for all our residents.

**“The persistence of poverty and social inequality in the North Okanagan ... is causing the Community Foundation to reassess how best to use our resources.”**

Over the coming years, we would like to engage with our grantees, residents, community leaders and other foundations, funders, and subject matter experts. We would like to assess and develop priorities to guide our future work as we approach our 50th anniversary in 2025.

We are excited by the opportunity to reflect, to engage in conversation with all stakeholders, to listen, to learn, and to collaborate widely as we work together towards a healthier, more equitable environment for all in the North Okanagan.

**Leanne Hammond**  
Executive Director





### BC Small Wetlands Association (BCSWA)

Cultural ecological tree planting program for schools & communities

**\$10,000**

In spring 2023, BCSWA will be collaborating with North Okanagan schools and with Secwepemc and Syilx Knowledge Keepers, to create tree-planting events that include traditional knowledge sharing and education on nature based climate change mitigation. Eleven schools took part in 2021-2022, planting over 500 trees on school grounds, and at Pleasant Valley Wetland Heritage Park in Spallumcheen.

## Special Thanks

### to the Finch Family & the Galbraith Family

A warm and special thank you to two generous families that enabled the Community Grants program to almost double the annual financial impact this year.

Combined these thoughtful donors contributed \$132,400 to boost the Community Grants program to \$305,300 in total grants for organizations serving the North Okanagan.

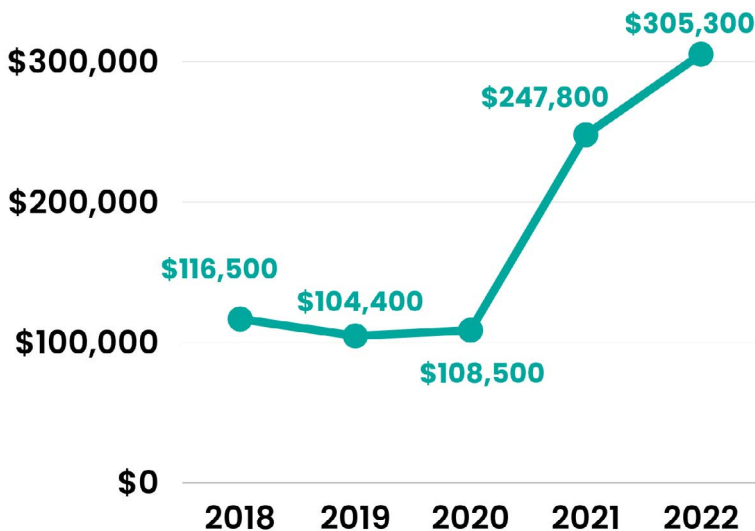
### 2022 Grants by \$ distributed



- Arts & Culture 11%
- Education 30%
- Environment 6%
- Health 25%
- Social Services 28%

## Smart & Caring Community Grants Program

### Yearly Community Grants



35 COMMUNITY GRANTS  
**\$305,300**



### Powerhouse Theatrical Society

Theatre Productions

**\$2,500**

Powerhouse is offering 'relaxed performances' for select shows. Some patrons haven't had the opportunity to attend a live show because of a mental or physical barrier. A friendly environment is created within the theatre house, where the lights are left on and doors open, the cast and crew move intentionally, with no loud noises, and patrons are welcomed to bring support staff and support animals along with them.

**\$2  
million**

Total Grants  
in 2022

**187**

# Grants  
in 2022

**\$12  
million**

Grants since  
inception

**335**

# of donations  
in 2022

**\$2.3  
million**

Total Donations  
in 2022

**\$18.1  
million**

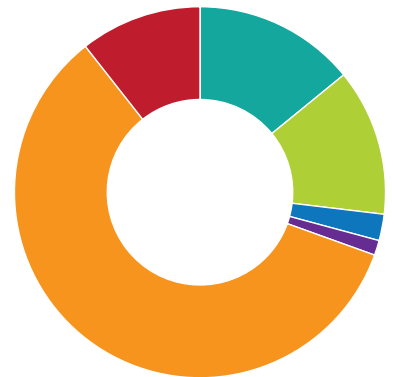
Total Assets



For complete financial statements visit [www.cfno.org](http://www.cfno.org)

### Assets by Fund Type

● Donor Advised Funds	14.1%
● Smart & Caring Community Funds	12.8%
● Term Endowments	2.3%
● Flex Funds	1.3%
● Designated Funds	58.9%
● Scholarship Funds	10.6%



### Grant dollars directly impacting the North Okanagan

Smart & Caring Community Grants	\$305,300
Neighbourhood Small Grants	\$19,000
Youth Initiative Grants	\$30,000
The Better Together Fund	\$84,500
Student Bursaries & Scholarships	\$87,600

# Highlights of Community Impact



## Vital Vernon

The Community Foundation was proud to support civic engagement by encouraging people to get out and vote in the October local election. Our main goal was to showcase each candidate's views surrounding the critical issues facing North Okanagan communities.

As a part of our Vital Signs program and report, we have examined five critical issues affecting citizens across the region; cultural, economic, environmental, social, and health. The questions posed to each candidate expanded upon these topics and were developed by a group of volunteers in consultation with local experts in each area.

Community Foundations across the country are proud to encourage community engagement in an unbiased, non-partisan way.

Read the candidate responses here - [www.vitalvernon.com](http://www.vitalvernon.com)

## Community Foundation Collaborations

We want to extend our immense gratitude to our Okanagan Community Foundation partners for collaborating with us to create local solutions that drive change across the entire Okanagan. We thank them for working with us to find new ways to listen to the community about the issues that matter most.

In the coming year we will be exploring new ways of sharing resources, staff, and expertise. We look forward to collaborating and strategizing to create a better, more resilient Okanagan for everyone.



### Canadian Philanthropy Commitment on Climate Change

Canada is warming twice as fast as the rest of the world. We are already experiencing the drastic impacts of climate change, from wildfires in the West and droughts in the Prairies, to melting permafrost in the North and storms in the East. These impacts will continue to amplify challenges and negatively impact the wellbeing of our communities and our entire planet.

To take action and create change, we have joined a **global movement of community foundations** and

fundors committed to acting on climate change.

If left unaddressed, the impacts of climate change can undo our work to advance equity, health, poverty alleviation, economic prosperity, Indigenous and human rights, especially those who will be disproportionately affected – and all issues and communities on which we hope to have a positive impact as philanthropic actors.

We recognize that we have a moral and practical responsibility to do our fair share to reduce global emissions. Find out more about the commitment at [www.philanthropyforclimate.ca](http://www.philanthropyforclimate.ca).

## Smart & Caring Community Funds

Al Roos Endowment Fund  
Anonymous Fund "A"  
Beatrice Perry Memorial Fund  
Bryson McKay Whyte & Maude Beatrice Whyte Memorial Fund  
Community Health Endowment Fund  
Doreen & Jack Gordon Endowment Fund  
Dorothy May Myatt Endowment Fund

## Donor Advised Funds

Bill & Muriel Townsend Fund  
**Bunny Stoik Endowment Fund**  
CCM Stewart Family Trust  
Chapman Family Foundation  
Dorothy & John Graham Gift Fund  
Emily Dahl Foundation  
Galbraith Family Endowment  
GALS Endowment Fund  
Gord & Linda Ball Fund  
Mike & Jean Haug Endowment Fund

Endowment for Healthcare  
Gardner Ross Hardman Endowment Fund  
Henry & Mae Wong Endowment Fund  
Herbert & Frieda Drauzburg Endowment Fund  
Interior Eyecare Society Fund  
James Frederick Roh Endowment  
Joan James Memorial Fund for Cancer Care  
John Shephard Museum Fund  
John Victor Harrison Fund

Bursary Fund  
Class of '69 Scholarship Fund  
D.S. MacKay Scholarship Fund  
David Jones Memorial Drama Fund  
Dr. Vic Demetrick Memorial Scholarship Fund  
Elizabeth Scott Vocal - Choral Bursary Fund  
Funtastic Sports Society Fund  
Herbert LaFontaine Memorial Scholarship Fund  
Hi Masters Bursary Fund  
James & Anne-Marie Kanester Fund in honour of Cliff & Lillian Kanester  
Jeff Thorlakson Memorial Scholarship Fund  
Jim & Elizabeth Kidston Memorial Scholarship Fund  
Jo Ellen Foster Memorial Fund  
Joel Balfour Memorial Scholarship Fund  
Junior Chamber International - Vernon Fund  
Kalamalka Award Program Endowment Fund  
Kara Hintz Memorial Scholarship Fund  
Karen Bedard Memorial Scholarship Fund  
Kerry Palmer Memorial Bursary Fund  
Kieran Galbraith Memorial Fund  
Klaus & Elisabeth Uhle Fund  
Leah Dayboll Memorial Scholarship Fund  
Lloyd Davies & Janet Armstrong Endowment  
Lumby Minor Hockey Scholarship Fund  
Lumby Women's Institute Scholarship Endowment  
Manke Gowan Bursary Fund  
Marika Kirchpennig Scholarship Fund  
Michael Ludwig Memorial Scholarship Fund  
Okanagan College Endowment Fund  
Okanagan Landing Volunteer Firefighters (1975-2012) Legacy Fund  
Pat & Gladys Duke Memorial Scholarship Fund  
Pauline Legg Endowment  
Peter Isman Scholarship Fund  
Reay O'Rourke Memorial Scholarship Fund  
Ron Hlady Memorial Scholarship Fund  
Ruth Blencoe Memorial Fund  
School District #22 (Vernon) Scholarship Trust Fund  
Silver Star Rotary Education Fund  
Simon Fraser University - Science Scholarship Fund  
Smith Family Scholarship Fund  
Syd Dalzell Memorial Scholarship Endowment  
Sydney Frederick Ward Memorial Fund  
Tom Frame Memorial Fund  
Vernon Community Singers - Molly Boyd Scholarship Fund  
Vernon Motor Dealer's Association Fund  
Vernon Secondary Alumni Scholarship Fund

Vernon Welsh Society Music Scholarship Fund  
William Seaton / Kin Memorial Scholarship Fund

## Charitable Agency Funds

Abbeyfield House of Armstrong Spallumcheen Society Fund  
Allan Brooks Nature Centre Endowment Fund  
Archway Society for Domestic Peace Fund  
Armstrong Spallumcheen Museum & Arts Endowment Fund  
BGC Okanagan - Vernon Fund  
Eagle Bay Camp Fund  
Greater Vernon Museum & Archives Endowment Fund  
Kingfisher Interpretive Centre Endowment Fund  
Mackie Lake House Endowment  
Men's Shed Vernon Fund  
North Okanagan Hospice Society Fund  
North Okanagan Hospice Society Garden Fund  
Okanagan Regional Library Endowment Fund  
Okanagan Symphony Society Fund  
**Okanagan Symphony Youth Orchestra Endowment Fund**  
O'Keefe Ranch and Interior Heritage Society Fund  
Rough Acres Camp Endowment  
Salvation Army - Vernon Branch Fund  
SPCA Endowment Fund  
St. John Ambulance Endowment Fund  
St. Vincent Foster Parent Association Endowment  
Sustainable Environment Network Fund  
Sveva Caetani Memorial Endowment Fund  
Trinity United Church Special Gifts Committee Fund  
Turning Points Collaborative Society Endowment Fund  
United Way Southern Interior BC Fund  
Vernon Community Music School Endowment Fund  
Vernon Community Music School Scholarship Fund  
Vernon Jubilee Hospital Foundation Endowment  
Vernon Jubilee Hospital Foundation Vision Fund  
Vernon Performing Arts Centre Endowment Fund  
Vernon Public Art Gallery Endowment Fund  
Vernon Restholm Association Endowment  
Westside Response Services Fund

# Charitable Fund Lists

Emma & Archibald Gregory Family Fund  
G V Rogers Memorial Fund  
Gee Family Fund  
Green Family Fund  
Huston Family Endowment  
Joe & Gwen Brown Endowment Fund  
Keith & Trish Allan Family Fund  
Lloyd Davies & Janet Armstrong Endowment  
Mary Warder Merryfield Endowment Fund  
Millicent M. Foster Endowment Fund  
Muriel Mildenerger Fund  
Nixon Wenger Endowment Fund  
Norman Alexander Gillis Endowment Fund  
Norman Mackie Simon Endowment Fund  
North Okanagan Cancer Prevention Fund  
North Okanagan Duplicate Bridge Club Endowment Fund  
Patricia Delma Edbom Endowment Fund  
Patrick F. Mackie Endowment Fund  
**Paul and Anna DuMont Community Benefit Fund**  
Pauline Legg Endowment Fund  
Peter Leahy Memorial Fund  
Petra Emmi Heaton Memorial Fund  
R & G Hamilton Family Endowment  
Richard John Farmer Memorial Fund  
Rick Balfour Memorial Fund  
Robert Barclay McClelland Endowment  
Robert Duncan McLean Endowment Fund  
Stewart Alexander Fraser Endowment Fund  
Sydney Frederick Ward Memorial Fund  
Thomas Mellish Memorial Fund  
Weatherill Family Fund  
William A. Irwin Endowment  
Winnifred R. Steel Endowment Fund  
Women to the Power of 10 Fund  
Youth VIP Committee Fund

Nolan Family Fund  
Paul Dockstader Foundation  
Paul Nixon Youth & Community Fund  
Popowich Family Fund  
Saving Grace Foundation  
SilverStar Play Forever Fund  
SSS Sestrap Endowment Fund  
**Suzanne & Myron Hovevar Endowment Fund**  
Tenbrooke Fund

## Term Endowments *Spend Down Funds*

**Finch Family Fund**  
**Popowich Family Fund**

## Flex Funds - NEW *flexible funding for immediate impact*

Anonymous Fund "A"  
Finch Family Fund  
Galbraith Family Fund  
Men's Shed Vernon Fund  
Popowich Family Fund  
SilverStar Play Forever Fund

## Designated Funds

Agnes Sovereign Memorial  
Armanious Family Endowment Fund  
Art Sovereign Pediatric Fund  
Aubrey & Beverley Reed Endowment Fund  
Aubrey Creed St. John Fund  
Beatrice I. Perry Endowment  
Blankley Family Memorial  
Brenda Semple Memorial  
Caroline Galbraith Cancer Fund  
Caroline Galbraith Endowment Fund  
Dante Darkazanli Memorial Fund  
Doreen Abbott-Smith Endowment for Healthcare Fund  
Dorothy Myatt Endowment for Healthcare Fund  
Dr. Arthur Sovereign Memorial Fund  
Elizabeth Dubray Memorial Fund for Healthcare  
Ellison Family Endowment  
Fernande Deltenre Endowment Fund  
Festival of the Arts Fund  
Florence Ellen Robey

Justice Peter D. Seaton Memorial Bursary Fund  
Lyle & Darlene Lewis - VJH Cancer Clinic Endowment  
Lyle & Darlene Lewis - VJH Cardiac Care Endowment  
Lyle & Darlene Lewis - VJH Ultrasound Endowment  
Marion Adeline Read Endowment Fund  
Mark & Isabel Rose Endowment Fund  
Martin Goble Memorial Fund for Healthcare  
Mary Richardson Memorial Endowment Fund  
Maureen Bryant Endowment  
Muriel Mildenerger Fund  
Norman Frederick Kennedy Endowment Fund  
Okanagan Musicians Endowment Fund  
Paul and Anna DuMont Community Benefit Fund  
Pauline Legg Endowment  
Peter George Legg Endowment Fund  
Peter Leahy Memorial Fund  
Petra Emmi Heaton Memorial Fund  
Robert Barclay McClelland Endowment for Healthcare Fund  
Robert D. McLean Diabetic Daycare Fund  
Robert Duncan McLean Endowment Fund  
Sharon Billie Memorial Fund  
Stewart Fraser Healthcare Fund  
Sveva Caetani Memorial Endowment Fund  
Walter & Jiraporn Henckel Endowment Fund  
William A. Irwin Endowment  
William Seibt Fund for Healthcare  
Xel & Cora Monsees Endowment Fund  
Yoshitaka Mori Memorial Fund

## Scholarship Funds

AA. and I. Gray Scholarship Fund  
Ailsa Edge Memorial Fund  
Archibald McKellar MacMechan Scholarship Fund  
Beth Melvin Memorial Fund  
Blue liners Association Fund  
Bradley Haslam Memorial Fund  
Cherryville Community Club

**new funds listed in bold**

## Smart & Caring Community Grants Program

Abbeyfield Houses of Vernon  
Archway Society for Domestic Peace  
Athletics For Kids Financial Assistance (BC) Society  
BC Small Wetlands Association  
Brain Trust Canada Association  
Caetani Cultural Centre  
Camp Tillicum Grant, Girl Guides of Canada, BC Council

Archway Society for Domestic Peace  
BGC Okanagan  
Canadian Mental Health Association Vernon and District  
Caravan Farm Theatre  
Community Dental Access Centre  
Hope Renews Inc.  
Literacy Society of the North Okanagan  
Medical Ministry International  
Okanagan College Foundation  
Potters Without Borders  
Salvation Army House of Hope Food Bank  
School District #22

Okanagan Regional Library  
Okanagan Symphony Society  
O'Keefe Ranch & Interior Heritage People Place  
Salvation Army Vernon Community Church  
School District #22  
School District #58  
School District #83  
Simon Fraser University  
St. John Ambulance Society (BC & Yukon)  
Sustainable Environment Network Society  
The Land Conservancy of BC  
Trinity United Church - Special Gifts Committee  
Turning Points Collaborative Society  
United Way BC  
University of British Columbia  
University of Victoria  
Vernon & District Performing Arts Centre  
Vernon Community Arts Centre  
Vernon Community Music School  
Vernon Jubilee Hospital Foundation  
Vernon Pensioners Accommodation Society  
Vernon Public Art Gallery  
Vernon Restholm Association  
Vernon Theatrical Arts Centre  
War Amps of Canada

BC Cancer Foundation  
BC Guide Dog Services  
BGC Okanagan  
Caetani Cultural Centre  
Canadian Cancer Society  
Canadian Mental Health Association Vernon and Dist.  
Canadian Red Cross BC & Yukon  
Caravan Farm Theatre  
Community Dental Access Centre  
Cowichan Valley Hospice Society  
Fresh Outlook Foundation  
Interior Health Authority  
Kalamalka Starfish Society  
Kidsport BC  
Kingfisher Interpretive Centre  
Men's Shed Vernon  
North Okanagan Hospice Society  
North Okanagan Naturalists  
Okanagan College Foundation  
Olive Branch for Children  
Potters Without Borders  
Regional District of North Okanagan  
Salvation Army Vernon Community Church  
School District #22  
Shuswap Community Foundation  
Silver Star Adaptive Snow Sports Society of St. Vincent de Paul of Central Okanagan  
Teens Count Too Society  
United Way BC  
University of Calgary  
University of Toronto  
Valhalla Wilderness Society  
Vernon Christian School Society  
Vernon Jubilee Hospital Foundation  
Vernon Science & Discovery Society  
Vernon Upper Room Mission Soc.  
YMCA of the Okanagan

# Community Grants

Canadian Mental Health Association Vernon and Dist.  
Caravan Farm Theatre  
Community Recreational Initiatives Society (CRIS)  
Cycling Without Age via Schubert Centre Society  
Enderby & District Community Resource Centre  
Family Resource Centre Society of the North Okanagan  
Fresh Outlook Foundation  
Good Samaritan Society  
Greater Vernon Museum & Archives  
HOPE Outreach  
Independent Living Vernon  
John Rudy Health Resource Centre  
Junior Achievement BC  
Kindale Development Association  
Knox Presbyterian Church  
Mackie Lake House Foundation  
North Okanagan Cycling Society  
North Valley Gymnastics Society  
O'Keefe Ranch & Interior Heritage Powerhouse Theatrical Society  
Runaway Moon Theatre Arts  
Schubert Centre Society  
TFL (Technology For Living)  
Vernon & District Association for Community Living  
Vernon Restholm Association  
Vernon Upper Room Mission  
Whitevalley Community Resource Centre  
Zajac Ranch for Children

Sustainable Environment Network Society  
Teens Count Too Society  
Trinity United Church - Special Gifts Committee  
University of Alberta  
Vernon & District Performing Arts Centre  
Vernon Science & Discovery Society  
Vernon Upper Room Mission

## Designated Distributions

Abbeyfield House of Armstrong Spallumcheen  
Allan Brooks Nature Centre  
Archway Society for Domestic Peace  
Armstrong Spallumcheen Museum & Arts Society  
Baptist Missionary Society of Latin America  
BC Lions Foundation for Children with Disabilities  
BC SPCA Vernon & District Branch  
BGC Okanagan  
Caetani Cultural Centre  
Canadian Cancer Society  
Eagle Bay Camp Society  
Greater Vernon Museum & Archives  
Kindale Development Association  
Kingfisher Interpretive Centre  
Learning Disabilities Association of BC  
Mackie Lake House Foundation  
North Okanagan Hospice Society  
North Okanagan Therapeutic Riding Association  
North Westside Road Firefighters Society  
Okanagan College Foundation

## Donor Advised Distributions

Allan Brooks Nature Centre

## Immediate Impact Grant Distributions

Air Rescue One Heli Winch Society  
Allan Brooks Nature Centre  
Alzheimer Society of BC  
Archway Society for Domestic Peace  
Arthritis Society  
Arts Council of the North Okanagan

## Fund Types

**Community Funds** are a flexible way to support ever changing community needs.

**Donor Advised Funds** direct grants to charities throughout your lifetime and create a granting plan for the future.

**Term Endowments – Spend Down Funds** target a specific cause and make grants over a specific period of time.

**Flex Funds – Immediate Impact Funds** are non-endowed funds that allow donors to set aside funds during the year and grant out those funds by the end of that year. If Endowment Funds are like savings accounts, Flex Funds are like chequing accounts.

**Designated Funds** - choose a favourite charity or charities to benefit not just once, but every year in perpetuity.

**Scholarship Funds** - support students in the region and establish the criteria for your scholarship or bursary based on academic achievement, intended field of study, or financial need.

## The Power of Many

When you establish a fund or make a donation your money is pooled with our \$18 million endowment fund. You become part of a circle of giving, where every dollar granted to a charity, is because many people just like you – cared.



## North Okanagan Cycling Society

Trail Ninjas Youth programs

**\$5,000**

Trail Ninjas is a community bike program offering youth ages 10-15 to learn progressive mountain bike skills, and trail etiquette, while creating opportunities for youth to build and maintain sustainable trails.

Trail Ninjas has 3 programs:

- TNT Crew consists of fun Friday Group rides and trail building.
- GTribe is an all-girls biking program with a female head coach, a progressive learning plan, access to trail building and a field trip.
- Trail Ninjas Academy is a coached program that rides 3 times a week, trail builds and prepares youth to be competition-ready or riders for life.

*"The Trail Ninja Program has always wanted to create a video edit to capture the 'stoke' for biking & trail building as well as bring awareness to the program and youth in the program. This year we aimed to create a video that is 1/3 informational, 1/3 storytelling and 1/3 action. Thanks to the funding from CFNO we were able to accomplish that goal. All the Ninjas are excited for the film to drop this Spring!"*

## Community Grants

### Canadian Mental Health Association Vernon & District Branch

Youth Peer Wellness Program

**\$20,000**

The project engages youth to uplift one another to provide support and comradery. The program will use a peer-support model to help youth understand their own mental health and wellness and encourage youth to use more appropriate coping skills and techniques by building a stronger sense of belonging.

Peer-support educators will work with service providers within the North Okanagan to ensure appropriate resources are available and work with the Youth Education and Program Coordinator to facilitate educational content within the community to other youth.



Quotes of excitement from some of the Peer-support educators:

*"This is great, I think what is happening is so important"*

*"I'm excited to give back to my community"*

*"I am so glad that this is happening, and youth get to be a part of it"*



## Fresh Outlook Foundation

Vernon Youth Climate Action Ripple Effect (CARE) Summit

**\$5,500**

The Vernon Youth Climate Action Ripple Effect (CARE) Summit took place on May 31, 2022 - spotlighting thirty projects created by Grade 11 students in support of Vernon's 2021 Climate Action Plan and United Nations sustainable development goals.



Projects ranged from water conservation to community gardens, tree planting, bee keeping, hydroponic gardening and even a solar-powered robot!

Fresh Outlook Foundation was proud to have collaborated with School District 22 and other community supporters to coach more than 120 students about community sustainability, community engagement, project planning, and event design and delivery.

**Read more about the event here:**  
[www.okrippleeffect.com](http://www.okrippleeffect.com)



## Archway Society for Domestic Peace

Healing Through Horses

**\$15,000**

The Healing through Horses program is a trauma recovery group for women to develop skills to live with the impact of trauma and manage symptoms of post-traumatic stress. The program runs four times a year and each group has up to 10 women participate for 10-weeks.

Part I of the program teaches coping skills, boundaries and the function of feelings.

Part II teaches how to soothe the nervous system, how to re-write trauma beliefs, how to recognize archetypical behaviours/parts of self, and continues teaching life skills, such as 'letting go' and meditation.

The horses enrich the learning experience by teaching the importance of listening to the body (heart & gut), as opposed to being in the world primarily in a cognitive manner. The horses are also teaching through their body language and their personal stories. Participants tend to gravitate to a horse with a similar life story.

*"The horses taught me the value, necessity, and boundaries of my "space", the space I take up. They taught me how to be present and how being present affects those around me."*

*~Quote from a participant*



# Committed Philanthropist Bunny Stoik



One does not have to travel far to see evidence of Bunny Stoik’s generous support in the North Okanagan. As a donor, Bunny has supported organizations from Archway Society for Domestic Peace and Allan Brooks Nature Centre, to the Vernon Public Art Gallery and the Upper Room Mission. When the Vernon & District Performing

“I seemed to be always writing cheques. Giving got to be a lot of work until I set up a Fund with the Community Foundation. Now all I have to do is give them a list of who I want to support, and they do the rest,” explains Bunny. By setting up a Donor Advised Fund, Bunny’s philanthropy has become more organized, more predictable, and most of all – easier to manage.

Bunny is a delightful combination of energy, charm, humour, and generosity all rolled up in a package. Along with her international travels and volunteer adventures, she also has a deep appreciation for Vernon and always loves coming home to the Okanagan. She cares about her community and everyone in it.

Bunny is excited about the impact she can make through the **Bunny Stoik Endowment Fund**.

“I have five charities picked out to support for the next while, and then who knows, I might pick five more!”

“Giving just got to be a lot of work until I set up a Fund with the Community Foundation. Now all I have to do is give them a list of who I want to support, and they do the rest!”

Arts Centre was looking for patrons to ‘*sponsor a seat*’ in the theatre, Bunny stepped up. Whether it’s the Jazz Club, the Museum, the Salvation Army House of Hope Food Bank, or a new charity just starting out – Bunny usually says YES!



## Neighbourhood Small Grants

The Neighbourhood Small Grants program helps residents of any age, experience, or background take part in building community. With a grant of up to \$500, individuals plan small-scale community projects with the goal of creating connections within their neighbourhoods.



Henry Hope Block Party, held July 2022 in Armstrong, BC

“Everyone helped and shared their offerings whether it was bringing games and party needs, scrumptious plates of food, decorating or performing. The neighbourhood kids hand-made each invitation and distributed them. Local talent such as the band Roots and Strings and our symphony violinist Denis Letourneau and others wowed the crowds by casually gracing the drive way stage with their sound!” Yolanda, Project Leader



## Make the most of your giving.

We provide investment options and community expertise to ensure impact for your charitable giving. You can start a charitable fund with a gift of \$1,000 and your fund can be customized to meet your personal charitable giving objectives.

- Contribute to the annual community granting program
- Make a small annual donation & create a reliable grant to a charity
- Give a large gift that makes an immediate impact to a local cause
- Set up a fund to start a legacy and support future generations

### Are you ready to start your charitable giving plan?

Contact Leanne today.

E. [leanne@cfno.org](mailto:leanne@cfno.org) T. 250-542-8655

### Ways to Give:

- **Establish a named endowment fund:** making contributions throughout your lifetime
- **Gift of Securities:** the transfer of ownership of stocks/bonds to CFNO
- **Charitable bequest in your will:** you can leave a specific amount, a residual gift (remainder) or a portion of your estate (% of total)
- **Contingency Plan:** Write CFNO in your will as a backup plan
- **Life Insurance:** name CFNO as the beneficiary of your policy
- **RRSP/RRIF/TFSA:** name CFNO as the beneficiary



## Committed Philanthropists Jim & Laverne Popowich



If the last few years have taught us anything – they have certainly taught us to cherish every moment we spend with those we love. When Jim passed away on Dec 7th of 2021, he left behind a lifetime of memories, a trail of accomplishments, his loving wife Laverne, and a gaping hole in the fabric of our community.

Jim was admired by everyone who met him. He was as compassionate as he was wise. When Jim decided to get involved with an organization, he didn't just wade in slowly, he rolled up his sleeves and dug in wherever he was needed. While Jim was a natural leader, he put equal effort into being a member of a team and inspired everyone who had the privilege of working with him in business or his volunteer endeavours.

As the Board Chair at Allan Brooks Nature Centre (ABNC), Jim was as comfortable working on long-range planning and financial modelling as he was hauling tables and spending the day at the annual ABNC Garage Sale. His enthusiasm for the Men's Shed Vernon was

equally contagious, and he spent many hours crunching numbers and sourcing tools that would make the shed an even better place for men to come together to share friendship and mutual support. As a supporter of countless charities and non-profit initiatives, Jim had a gift for seeing what was needed and he explored all possibilities to help both practically and philanthropically.

Jim and Laverne were among the first to create "Term Endowments" at CFNO. By setting aside a specific amount for a chosen group to be spent down over 10 years, the Popowichs have ensured a reliable source of income for two of their favourite organizations. The ability to plan for the future is a game-changer for non-profits. Having a predictable source of operational income for a fixed time allows staff a runway to focus on long term sustainability instead of fixating on short term needs.

Jim and Laverne shared a wonderful life together, travelling, golfing, and sharing time with friends and family. Our community is better for having known the generosity and friendship of Jim and Laverne. We thank Laverne for sharing Jim with us, and we will be ever grateful for the ongoing impact of the **Popowich Family Fund**.

### Live Local. Give Local.

One of the reasons people like Jim & Laverne have chosen to give to the Community Foundation, is to support locally organized solutions to problems directly affecting our regional citizens.

When we invest in the communities we live in, we have a direct connection to the outcomes. This leads to building a network of caring citizens that will respond when an emergency arises.

# Annual Community Report

## Thank you to our volunteer Board of Directors



**Mike Nolan**, Board Chair

With a background in engineering and environmental innovation, Mike helps establish meaningful community partnerships between businesses, non-profits, and philanthropy. Like many on our Board of Directors, Mike is dedicated to improving the quality of life in the North Okanagan.

*“The Foundation has been innovative in supporting our communities and in quickly responding to emerging needs. The pandemic created severe financial hardships for many nonprofits over the past two years. The Foundation responded by changing our granting program and enabling donors to get quickly and directly involved in the response. Whether you’re considering a charitable donation, working through your estate planning, or looking to volunteer your skills to a worthwhile cause, I encourage you to contact the Foundation to see what we can do, together.”*

Our volunteer board has been the strategic heart of our organization, ensuring that in our work with community organizations, we deliver real results, respond to changes in our community, and always deliver the highest ethical standards to be worthy of our public support.\*

*\*for a listing of our new board 2023 please see our website*

### 2022 Board of Directors

- Mike Nolan
- Annette Sharkey
- George Agar
- Herb Wong
- Teresa Kisilevich
- Ryan Cucheron
- Leigha Horsfield
- Tyson Amies
- Steven Brandner
- Noelle Crombie
- Dominik Dlouhy

Strengthening the North Okanagan now **and for future generations.**

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Community Foundation North Okanagan is situated on the traditional and unceded territory of the Syilx Okanagan people and the Secwepemc people.